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Psychiatric-Mental Health Nursing, Second Edition: An Interpersonal Approach

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Thoroughly updated to correlate with DSM-5 diagnostic descriptions and QSEN guidelines, the second edition of this highly acclaimed undergraduate
psychiatric nursing text features concrete strategies for establishing interpersonal relationships as the basis not only for working with the psychiatric
patient population, but as a timeless foundation for all nursing practice. The text guides students through the essential phases of self-discovery
necessary to integrate interpersonal nursing theory into practice. Modules designed to foster growth in therapeutic use of self, including the importance
of boundary management, are integrated with psychodynamic and current neurobiological theories to provide sturdy theoretical underpinnings for practice.

A wealth of descriptive psychiatric diagnoses of *DSM-5*, QSEN criteria, and NANDA-based care plans, case scenarios, evidence-based practice, patient
and family education tips, drug summary lists, and complementary and alternative therapy approaches populate the text. The main body of the book focuses on
common mental illnesses and weaves both the psychodynamic and neurobiological concepts into evidence-based strategies for nursing interventions. Additional
features, such as examples of therapeutic dialogue and a “Consumer’s Perspective,” featuring an actual consumer’s voice relating personal experience about
living with a specific illness, provide further guidance in understanding and adopting a relationship-based approach to nursing. Web links facilitate quick
access to additional information and NCLEX-style review questions prepare students for passing the NCLEX exam.

New to the Second Edition:

- Revisions correlate to *DSM-5* descriptions, QSEN criteria, and NANDA nursing diagnoses
- Provides new information on psychopharmacology, compassion fatigue and a recovery model, use of informed consent, and cognitive behavioral therapy
- Presents updates on complementary and alternative interventions

- Includes expanded content on cultural and life span considerations related to mental health care worldwide

Key Features:

- Focuses on interpersonal relationships and boundary navigation as the foundation for practice
- Promotes psychodynamic and neurobiological perspectives within ISPN curricular guidelines
- Written by national and international experts in nursing education and psychiatric-mental heath practice
- Includes a digital student companion with key chapter concepts and critical thinking questions for practice situations
- Provides digital faculty resources including PowerPoint slides, an expanded test bank, case studies, and critical thinking exercises
- Includes free e-book with purchase of the print book

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