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Herbal Medicine First Aid Kit: The Complete Guide To First Aid Treatment Using Medicinal Plants and Natural Herbal Remedies

Mary Thibodeau

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Are you ready to experience the healing powers of medicinal herbs? Are you looking forward to creating a custom herbal first aid kit? Then download today to learn how.

Herbal Medicine First Aid Kit: The Complete Guide To First Aid Treatment Using Medicinal Plants and Natural Herbal Remedies

I know first hand the powers of medicinal herbs when treating cuts, scrapes, bruises and a host of other first aid injuries and illnesses. As a practicing herbalist for over fifteen years, I have embraced herbal medicine and made it an integral part of first aid treatment in my home, at work, while traveling, or even in the car.

You too can start using herbs for first aid today with this detailed guide to medicinal plants and how to make your own herbal first aid kit. You'll discover the many ways that herbs can work wonders on first aid predicaments from wasp bites to cold sores to poison ivy. With this detailed guide and easy to follow directions, you will be able to make and use herbal products for almost any first aid situation.

I'll walk you step by step as you learn how to customize your own first aid kit using handmade (or store bought if you prefer) herbal remedies. You'll find out how to unleash the power of medicinal herbs using tinctures, liniments, salves, infused oils, teas, poultices, compresses and capsules, and learn the fundamentals of using essential oils for first aid.

You'll find recipes and detailed instructions on how to make and use herbal first aid products including:

- **Kloss Liniment**
- **Skullcap Tincture**
- **Headache Tincture**
- **Herbal Tea Bag Compress**
- **Powerful Root Decoctions**
- **Burn Salve**

- **Sun Infused St. John’s Wort Oil**
- **Comfrey Wound Poultice**
- **Herbal Rabies Capsules**

Become familiar with powerful first aid herbs like:

- **Gentian**
- **Eucalyptus**
- **Plantain**
- **Pleurisy Root**
- **Rosemary Essential Oil**
- **Cayenne**
- **Myrrh**
- **……and dozens more!**

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