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Contented Dementia

Dr. Oliver James

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Contented Dementia

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Contented Dementia Dr. Oliver James
A groundbreaking and practical method for managing dementia that will allow both sufferer and carer to maintain the highest possible quality of life, throughout every stage of Alzheimer's

Dementia is a little-understood and currently incurable illness, but this guide shows how much can be done to maximize the quality of life for people with the condition. A person with dementia will experience random and increasingly frequent memory blanks relating to recent events; feelings, however, remain intact, as do memories of past events, and both can be used in a special way to substitute for more recent information that has been lost. The SPECAL method (Specialized Early Care for Alzheimer’s) outlined in this book works by creating links between past memories and the routine activities of daily life in the present. Drawing on real-life examples and user-friendly, tried-and-tested methods, this lifesaver provides essential information and guidance for carers, relatives, and professionals.

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