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Coast: Recipes from Ireland's Wild Atlantic Way

Rachel Allen

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Coast: Recipes from Ireland's Wild Atlantic Way Rachel Allen

Follow bestselling author and TV chef Rachel Allen as she journeys along the beautiful Atlantic coast of Ireland, delivering over 100 of the most sumptuous recipes picked up from her culinary odyssey along the way.

The west coast of Ireland is a rugged place of wild natural beauty, and the traditional food of these coastal towns and villages complements this perfectly. Simple meals made with the freshest ingredients, these are fuss-free recipes packed with flavour. From rustic seafood and rich stews to heart-warming sweets, this is Irish food at its finest.

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