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The Amazing Way to Reverse Heart Disease Naturally: Beyond the Hypertension Hype: Why Drugs Are Not the Answer

Eric R M.D., Dr Braverman

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When hypertension is diagnosed, treatment is usually based on expensive drugs, most with dismal side effects and of limited usefulness. Really effective treatment of hypertension calls for getting at the cause, which the author has found often relates to nutritional deficiencies or excesses. Based on extensive research and long clinical experience, the programmes here can open the way to regaining a robust, drug-free way of life.

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