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How to BRING Back HAPPY into YOUR LIFE: Stop feeling like Life is a Burden.

Michael Father Senior

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How to BRING Back HAPPY into YOUR LIFE: Stop feeling like Life is a Burden. Michael Father Senior
Ask yourself the question: “What is the meaning of Happiness?” and I am sure it will conjure up all sorts of mysticism in tandem with the quest for enlightenment. After all why are we put on this earth other than to be happy in our pursuit? The connection between happiness and life is questioned in diverse ways, such as "Why do we exist?", "What is life?", and "What is the purpose of it all?” yet inherently what drives us to be happy people is the quest that allow us to give our all and embrace the results. Inevitably that is happiness. It is simple yet we make it complex. Make no mistake the meaning of happiness in life is one of the ultimate quests among many who seek to challenge, understand and grasp the passage of their pursuits.
Understandably, we will all face obstacles in these pursuits but life shouldn`t be a burden – life should be happy. Using time tested techniques,tips and the very latest in research Michael Father Senior takes you into your own world of happiness. This book will show you how to get Happy. All it takes is a little bit of know-how and a touch of preparation.

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