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Eating Disorders and Cultures in Transition

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Eating disorders: do they mark cultural transition?

Eating disorders that were once viewed as exclusive to specific class and ethnic boundaries in western culture are now spreading worldwide. This issue is fully discussed in this groundbreaking volume.

Eating Disorders and Cultures in Transition is written by an international group of authors to address the recent emergence of eating disorders in various areas of the world including countries in South America, Asia, Africa and Eastern Europe. It offers an in-depth analysis of the existing socio-cultural model arguing for the need to extend both our theoretical understanding and clinical work to account properly for this global phenomenon. Eating disorders are seen as reflecting sweeping changes in the social and political status of women in the majority of societies that are now undergoing rapid cultural transition.

This multidisciplinary, multinational volume reflects wide-ranging, intellectually stimulating and frequently provocative viewpoints. It promises to be of great interest to medical and mental health professionals, public policy experts and all those watching for the processes of cultural transformation and their impact on mental health.

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