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Reflexology: The Definitive Practitioner's Manual: Recommended by the International Therapy Examination Council for Students and Practitoners

Beryl Crane

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This reflexology text includes coverage of such topics as: the art and practice of reflexology; the physiological and energetic theories of reflexology; the mapping of organs and body systems onto the foot; hand reflexology; taking case histories and patient care; and running a successful practice.

Reflexology is the ancient technique of treating the whole body by pressing reflex points on the foot which affect different organs in the body through the meridian system and through different zones relating to each organ. This reflexology text includes coverage of such topics as: the art and practice of reflexology; the physiological and energetic theories of reflexology; the mapping of organs and body systems onto the foot; hand reflexology; taking case histories and patient care; and running a successful practice.

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