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Narcissistic Mothers: Yes - Monsters Do Exist (Linda's Chapter of the Anthology)

Linda Johansson

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My mother was a cruel and unpredictable woman who abused me emotionally in countless ways, and for the rest of the time, neglected me. Eventually, after years of being subjected to systematic humiliations and abandonment, my spirit was so crushed that I became suicidal.

Once I began to see my mother for the monster that she was, I rebelled. But I had not realized that fighting would cost me almost as dearly as submitting. Once again, I found myself on my knees.

It was only from this point on, that I realized a painful truth: it was not my mother who I needed to change, but myself.

My mother was a narcissist. I spent half of my life fixing her and the other half fighting her, until I was at a jumping off point: find peace or become a monster myself - or even worse.

This is our story - I invite you to come along, and hopefully my experience will be helpful in your own situation. I pray that is the case.

PS: You can get this and two other riveting "narcissistic mother" books in this series, all in one volume and at one discounted price, by purchasing the book, "Narcissistic Mothers: Proof That Monsters Do Exist (Vol. 1)", available at the Amazon Kindle bookstore.

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