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An Everlasting Meal: Cooking with Economy and Grace

Tamar Adler

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An Everlasting Meal: Cooking with Economy and Grace Tamar Adler
Reviving the inspiring message of M. F. K. Fisher's How to Cook a Wolf*— written in 1942 during wartime shortages—*An Everlasting Meal *shows that cooking is the path to better eating.*

Through the insightful essays in *An Everlasting Meal*, Tamar Adler issues a rallying cry to home cooks.

In chapters about boiling water, cooking eggs and beans, and summoning respectable meals from empty cupboards, Tamar weaves philosophy and instruction into approachable lessons on instinctive cooking. Tamar shows how to make the most of everything you buy, demonstrating what the world's great chefs know: that great meals rely on the bones and peels and ends of meals before them.

She explains how to smarten up simple food and gives advice for fixing dishes gone awry. She recommends turning to neglected onions, celery, and potatoes for inexpensive meals that taste full of fresh vegetables, and cooking meat and fish resourcefully.

By wresting cooking from doctrine and doldrums, Tamar encourages readers to begin from wherever they are, with whatever they have. *An Everlasting Meal* is elegant testimony to the value of cooking and an empowering, indispensable tool for eaters today.

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