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Cosmo Doogood's Urban Almanac: Celebrating Nature and Her Rhythms in the City

Eric Utne

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Cosmo Doogood's Urban Almanac: Celebrating Nature and Her Rhythms in the City Eric Utne Pilgrimages to wild places such as Death Valley help us connect to nature, to be sure. But what would it take for us to reestablish that connection right where we live day-to-day ... in the city?

Ben Franklin would be proud. In the spirit of his Poor Richard's Almanac, Eric Utne, founder of *Utne Magazine*, presents *Cosmo Doogood's Urban Almanac: Celebrating Nature & Her Rhythms in the City*. It's an inspirational way for 21st-century urbanites, who now number over half the U.S. population, to connect with nature, live more fully, and celebrate each day of the year.

Cosmo Doogood's Urban Almanac can help you connect to Nature and Her Rhythms wherever you are! This is an urban version of the old farmer's almanacs, like Ben Franklin's *Poor Richard's Almanack*. It includes a daily calendar and organizer, a guide to the night sky, weather predictions for most of North America, a field guide to urban flora and fauna, Rudolf Steiner's "Calendar of the Soul," a dream journal, and more.

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