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Living and Surviving in Harm's Way: A Psychological Treatment Handbook for Pre- and Post-Deployment of Military Personnel

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In *Living and Surviving in Harm's Way*, experts investigate the psychological impact of how warriors live and survive in combat duty. They address the combat preparation of servicemen and women, their support systems, and their interpersonal and intrapersonal experiences. The text maintains a focus on cognitive-behavioral interventions for treating various combat-related disorders, and addresses psychological health and adjustment after leaving the battlefield. The text is logically organized for easy reading and reference, and covers often overlooked topics such as preparation and training of service personnel, women in combat, and the indirect effects of combat stress on family. This book is written by clinicians who have in some ways experienced what they write about, and resonates with mental health professionals, servicemen and women, and their families. Any clinician hoping to treat a serviceman or woman effectively cannot afford to overlook this book.

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