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Easy Meals to Cook with Kids

Julie Negrin

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Easy Meals to Cook with Kids Julie Negrin
Easy Meals to Cook with Kids is a cookbook with family-friendly recipes that adults can cook with children ages two years old and up. It includes:

- -Recipes that have been thoroughly tested and carefully written so that novice cooks and children can confidently follow the instructions.
- -Guidelines on how to safely incorporate children in the cooking process.
- -Advice on how to purchase high-quality ingredients and kitchen equipment.
- -Recipes that can be made kosher and are nut-free (including many that also dairy- and gluten-free). -Dishes made with moderately priced ingredients that can be found in most grocery stores.

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