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There Is Only Plan A: A Journey Toward Self-Discovery and Renewed Purpose

Klay S. Williams

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There Is Only Plan A: A Journey Toward Self-Discovery and Renewed Purpose Klay S. Williams There Is Only Plan A is a self-help book that will revolutionize and awaken a generation seeking to develop a life full of meaning, authenticity, and purpose. Through the use of real-life stories, Plan A teaches readers how to discover their purpose and calling in life, offering mechanisms to help sustain themselves while striving to obtain their Plan A. Plan A gets to the root of negative personal issues that stand in an individual's way of becoming a complete person. Through the authenticity of lived experience, readers are taken on a journey of raw spiritual, emotional, mental, and physical truths that the author, Klay S. Williams, experienced on the journey to his Plan A. The philosophy of Plan A is that when people desire to be their very best—through extreme self-expression in any arena—Plan A is the place where peace, reality, and spirit are met, offering readers the fortitude of understanding who they were meant to be. The explorative manner in which Plan A is displayed offers significant appeal to both secular and spiritual/religious readers, who are looking for a platform to experience an invigorating journey that does not judge their belief systems, but will enhance their quality of life. Plan A operates under a very specific, clear, and appealing formula that is unique to the universal experience individuals will undergo while striving to obtain their dream. Plan A simply asks the question, "Does my life reflect who I was called to be?" The immense impact of answering the above question without certainty creates an even bigger void in the lives of most young adult to midlife individuals who are seeking to live a lifespan full of meaning and purpose. There Is Only Plan A is the resource that will provide a path to both discover and fulfill the reader's mission while here on earth. Unlike most self-help books on the market today, There Is Only Plan A provides an extensive amount of teaching experience within the "Hard Work" section of Plan A—as the journey amid discovering and fulfilling our end goal is the most challenging measure of the process. Readers will discover a vast array of identifiable stories within each chapter that range from the author's stint with homelessness; relationship betrayal; divine interventions; sexual identity; financial ruin; and various other circumstances on the way to Plan A that he experienced. Unbeknownst to us, Plan A has always been working in our lives, but has required us to recognize its call, understand its meaning, and make peace with the gift that is bestowed to us. The unlikely path of the author, as he discovered his Plan A, is an incredibly interesting story that will capture the hearts and inquisitive natures of readers. Through real life journal entries that appear before each corresponding chapter, readers will experience firsthand the raw passions of the author as he discovers his dream. While engaging in graduate theological studies at Princeton Theological Seminary (in hopes of becoming a pastor) and working at Polo Ralph Lauren to offset the cost of grad school, it was within the spiritual and fashion sectors that the author found his Plan A. The unorthodox nature of Klay's Plan A serves for creative discernment, inspired conversation, and radical change in the lives of his readers. The unconventional process illustrated in There Is Only Plan A is practical and relatable for readers in a wide variety of settings, from local taverns in New York City, to Corporate America confines, to ashrams in India, to protestant synagogues in America and other followers of thought throughout the world.

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